## 2003 California Children's Healthy Eating and Exercise Practices Survey

## Table 46: Frequency of Eating in a Fast Food Restaurant during the Past Week (Phone Sample)

In the past week, about how many times did you eat a meal or snack from a fast food restaurant such as McDonald's, Pizza Hut, Burger King, KFC (Kentucy Fried Chicken), Wendy's, and so on?

	Times Eating Fast Food in the Past Week, Percent of Children			
	0	1	2+	
Total	24	38	38	
Gender				
Males	26	33	41	
Females	22	43	35	
Ethnicity				
White	23	36	41	
African American	38	46	15	
Latino	22	38	40	
Asian/Other	24	36	40	
Income				
<u>&lt;</u> \$19,999	21	25	54	
\$20,000 - \$49,999	28	39	33	
<u>&gt;</u> \$50,000	22	40	38	
Federal Poverty Level				
< 185%	24	38	39	
> 185%	24	38	38	
Food Stamps				
Yes	23	4	73	**
No	25	40	35	
Overweight Status				
Not at Risk	26	38	36	
At Risk/Overweight	21	39	40	
Physical Activity		0,		
>60 minutes	28	30	43	**
<60 minutes	20	47	33	
School Breakfast		.,		
Yes	16	30	54	*
No	26	39	36	
School Lunch				!
Yes	20	33	48	***
No	30	44	27	
Nutrition Lesson				
Yes	22	36	41	
No.	27	40	33	
Exercise Lesson		40	33	
Yes	22	38	40	
No	28	30 37	34	
INO	I 20	31	34	

Excludes those reporting "don't know."

Reported mean times eating fast food in the past week was 1.4 times.

Rows may not add up to 100% due to rounding.

A box around a group of numbers signifies that differences observed within this group are statistically significant.

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- \* p<.05 \*\* p<.01

California Department of Health Services: September 2005

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